

Note: This plan is designed to address local community COVID risk and respond proportionally.

Date	Version	Changes
20.8.20	2.1	Reformatted from v1.6, no changes, formatting only
21.8.20	2.2	Resident's with unconfirmed Flu like symptoms added to assessment criteria
25.9.20	2.3	New Public Health Order links, children, and students
16.12.20	2.4	New Public Health Order
04.05.21	2.5	Edits to level 5 restrictions
06.05.21	2.6	Social distancing distances updated
20.08.21	2.7	Reviewed all level 5 restrictions with additional information and criteria.

RAC COVID-19 Service Delivery Phasing Plan	Level 1 Critical	Level 2 Major	Level 3 Moderate	Level 4 Minor	Level 5 Minimal
	<i>Full Lockdown - COVID-19 case confirmed</i>	2 to 30 new cases in the past 14 days locally	0-1 new cases locally in past 14 days AND 1 or more new cases locally in the past 30 days	No new local cases in the past 30 days	No new cases in past 3 months
<b>RACF Restriction to Entry</b>					
Public Health Orders	Remain in place for all jurisdictions see below links				
Restriction to entry - visitors	No Visitors	Essential Caring Visits only – see below	Required for all social visits <ul style="list-style-type: none"> <li>• 2 visitors for 2 hours per day</li> <li>• In room visits only</li> <li>• Observing social distancing of 1 person to 1.5 square meters</li> <li>• <b>Mon - Fri 9am – 5pm</b></li> <li>• <b>Saturdays 10am -2pm</b></li> </ul>	Required for all social visits <ul style="list-style-type: none"> <li>• Unrestricted number of visitors</li> <li>• Observing social distancing of 1 person to 1.5 square meters</li> <li>• <b>Mon – Fri 9am – 5pm</b></li> <li>• <b>Sunday &amp; Saturdays 10am – 4pm</b></li> </ul>	Required for all social visits <ul style="list-style-type: none"> <li>• Unrestricted number of visitors<sup>1</sup></li> <li>• Observing social distancing of 1 person to 1.5 square meters</li> </ul>
Children under 16	No access	No access	Allowed. Supervised at all times.		

RACF Restriction to Entry					
<b>Visits require long distance travel</b>	No access	No access	Unrestricted – observing conditions of screening and infection control and social distancing		
<b>Health Contractors</b>	Access with manager approval – critical contractors only (encourage use of telehealth where possible)	Access with manager approval (encourage use of telehealth where possible)	Normal arrangements		
<b>Non-Health Contractors and services access</b>	No access	No access	Musician, other lifestyle, and chaplain services		Normal arrangements
<b>Volunteers</b>	No Access	No Access	Normal, meeting conditions of screening and infection control and social distancing	Normal, meeting conditions of screening and infection control and social distancing	Normal, meeting conditions of screening and infection control and social distancing
<b>Prospective residents</b>	No Access	No access virtual appointments only.	Booked appointments		
<b>New Admission to the home</b>	All new admissions from hospital are to have a COVID test and return a negative result before being admitted. They should be then monitored closely for any COVID symptoms. All new admission coming from home on day of admission be tested (if they cannot be tested before being admitted) isolate in their room until a negative result is returned. If the home does not have a single room to isolate they will not be admitted.				
<b>Student Placements</b>	Not available		Can commence health declaration form completed. Max 4 students		

## Residential Care & Support

<b>Proof of Influenza Vaccination</b>	Required for all visitors, RSL staff, agency staff, students, allied health, General Practitioners, specialists. As per public health order during the months of July – September.				
<b>Health screening of all visitors and staff</b>	Remains in place and includes temperature checking. Completion of Health declaration form, proof of flu vaccine, proof of COVID 19 test results for those that live in the LGA's listed in this matrix. Update results in the Testing register. <a href="#">R:\RAC Operations\ COVID-19\COVID-19 Testing Register</a>				
<b>Social distancing in the home</b>	Remains in place				
<b>Essential Caring Visits (to be approved by the regional manager) refer to criteria below</b>	Not permitted	1 person, 1 hour per day in resident's room only. <b>Mon-Friday 10am – 4pm</b> <b>Sat 10am – 2pm</b>	2 visitors for 2 hours per day in residents' room	Unrestricted	Unrestricted
<b>End of Life support visits/Palliative Care support (</b>	With approval from Public Health Unit	2 people, unrestricted <i>(if no evidence of flu vaccine they are required to wear full PPE during July – September 2021)</i>	2 People, unrestricted <i>(if no evidence of flu vaccine they are required to wear full PPE during July – September 2021)</i>	Unrestricted <i>(if no evidence of flu vaccine they are required to wear full PPE during July – September 2021)</i>	Unrestricted <i>(if no evidence of flu vaccine they are required to wear full PPE during July – September 2021)</i>
<b>Social Support Groups</b>	No face-to-face groups permitted. Only via technology.	No face-to-face groups permitted. Only via technology.	Face to face permitted with social distancing up to 5 people total max of 1 person to 1.5 square meters	Face to face permitted with social distancing of 1 person to 1.5 square meters	Face to face permitted with social distancing of 1 person to 1.5 square meters

Visitation Limitations & Information Provision					
<b>Infection control practice remains vigilant</b>	Remains in place Staff must wear Full PPE ( <i>gowns, gloves, respiratory masks, face shields/goggles, hair cover and shoe covers</i> )	Remains in place Staff must wear L2 surgical masks	As directed by NSW Health		
<b>Café Access</b>	Closed	Take away only and as long as access is not via the RAC.	Cafés can open to internal residents (RAC & RV), staff and approved visitors	Cafes can open as normal to external visitors	
<b>Food &amp; Gifts</b>	In arrangement with the Manager		Food and gifts are available to be delivered to the home		
<b>Social distancing in the home</b>	Remains in place	Remains in place	Remains in place	Remains in place	Remains in place
<b>Site Events</b>	No events	No external visitors	No external visitors	Review local risk and consider on a case-by-case basis. Approval from RM	Review local risk and consider on a case-by-case basis. Approval from RM
Resident External Appointments/Gatherings <sup>1</sup>					
<b>Residents leaving the home</b>	As required in discussion with manager	As required in discussion with home manager ( <i>COVID test will be required on return and isolate until a negative result is returned</i> )	As required in discussion with home manager - for medical type appointments. ( <i>Social leave agreement form is to be completed</i> )	Unrestricted but with expectation that resident will avoid larger gatherings and take infection control and social distancing precautions ( <i>Social leave agreement form is to be completed</i> )	
<b>Bus trips</b>	Not allowed	Available where residents do not leave the bus	Available where residents do not leave the bus	Allowed to leave bus	
<b>Resident activities</b>	In room only	Social distance up to 5 people	Social distancing up to 10 people	Social distancing of 1 person to 1.5 square metres	Social distancing of 1 person to 1.5 square metres

### What is the Criteria for an Essential visit:

- End of Life/palliative events.
- A visitor that visits daily to provide critical assistance with meals. (Only visit once a day for 1 hr)
- NDIS case worker that visits daily to provide direct care or critical assistance (only visit once a day for 1hr)
- All essential caring visitors are to provide direct care are to be approved by the regional manager.
- All essential caring visitors are to show evidence of flu vaccine and proof of ID of where they live (the register of visitors is to be updated) [R:\RAC Operations\ COVID-19\RAC Register of Visitors](#)
- All essential caring visitors are to COVID test if they live in any of the LGA's listed in the matrix.
- Unfortunate social visits are not considered essential for direct care in extreme stages of this pandemic risk and lockdown (Level 1 and Level 2)
- It is strongly recommended all essential caring visitors have a COVID vaccine and adhere to strict infection control processes. **Surgical Masks must not be removed at anytime** in the home or the resident's room during any essential caring visit. If you remove your surgical mask, you will be asked to leave the premises.

### **Current Public Health Orders**

- <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx>
- <https://www.covid19.act.gov.au/act-status-and-response/act-public-health-directions>
- <https://www.health.qld.gov.au/system-governance/legislation/cho-public-health-directions-under-expanded-public-health-act-powers>

### Additional Information::

- Visitor health declarations are scanned and stored for 6 months
- Some visitors may be able to obtain an exemption, those who have not had an influenza vaccine may attend the service but must wear full PPE while onsite and only visit in the resident room
- Refer to the COVID folder for all resources related to COVID. [R:\RAC Operations\ COVID-19](#)